



Embedding Carnival in the Curriculum FLAGSHIP SCHOOLS CASE STUDY:

Foxdell School Year 1 Dance











Foxdell Infant School Foundation Medium Term Planning Sheet Subject: Dance (Olympics and Carnival)

Year One

Term: Summer 1 2012

Hours: 6 hours

Language Functions	Focus (questions to be asked by adult)	Language structures (to be used by child)
Suggesting	How can you improve your dance?	We can use observe others and practice steps.
Deducing	What sports have we been representing?	We have been representing Olympic sports.
Vocabulary: direction, square, circle, let	ft, right, speed, swing, right and left grande.	
ICT:, digi blue movie cameras, SB		
NC ICT:		
3a) how to share their ideas by present	ing information in a variety of forms.	
5b) exploring a variety of ICT tools	2	
NC PE:		
1. Pupils should be taught to:		
a. explore basic skills, actions and	ideas with increasing understanding	
b. remember and repeat simple ski	ills and actions with increasing control and coordination.	
3. Pupils should be taught to:		
a. observe, describe and copy what	t others have done	
b. use what they have learnt to im	prove the quality and control of their work.	
Dance activities		
6. Pupils should be taught to:		
 use movement imaginatively, res turning and gesturing] 	ponding to stimuli, including music, and performing basic skil	ls [for example, travelling, being still, making a shape, jumping,
2. change the rhythm, speed, level	and direction of their movements	
3. create and perform dances usin	g simple movement patterns, including those from different	times and cultures
4. express and communicate ideas	and feelings.	
EYFS objectives that will be covered	during these lessons:	
40-60+ months: Experiment with diffe	erent ways of moving, Initiate new combinations of movemen	t and gesture in order to express and respond to feelings, ideas
and experiences		
TI C. Maria antalia and Calance day at a starter	and in a factor when with a state of a state distribution. Changes	

ELG: Move with confidence, imagination and in safety, Move with control and coordination, Show awareness of space, of themselves and of others.

NB: the 'warm up' sessions for this unit have been taken from the 'Leap into Life' resource and follow the theme: Water. By the end of the unit the children will have explored a short dance linked to Water as well as the dance for the main session. Each warm up follows on from the warm up in the previous lesson.

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Learning Objectives	Teaching Activities	Success Criteria
To link together travelling moves	Week 1	Remember to use
that change direction.	Resources: Chariots of fire music, SB_PE_Sum1_Olynpics	strong movements to
To remember and repeat simple		show the different
skills and actions with	High Quality Outcomes Statements:	sports. Think about cannon,
increasing control and	Health and Fitness - I stay energetic	unison, mirroring,
coordination.		
To marke with a market of the	Curriculum – I am able to judge my own work	
To work with a partner to create dance phrases.		
creare dunce prirases.	Warm up – Numeracy in Action	
	Children to stand in rows, give them a number 1-10.	
40-60+ months: Experiment with	Call out a number. Children with that number runs to a cone. Once the children are	
different ways of moving, Initiate new	confident call out 'two more than'.	
combinations of movement and gesture in order to express and respond to		
feelings, ideas and experiences	Main:	
ELG: Move with confidence, imagination and in safety, Move with control and	Listen to music - Chariots of Fire - Children to explore moving in time to the music.	
coordination, Show awareness of space,	Discuss what it made them think of - explain it is the theme music for a film about	
of themselves and of others.	British Athletes. Explain we will be making up a dance to this music.	
ICT: 3a) how to share their ideas by	Introduce new dance - we are doing dance on the theme of the ancient Olympics.	
presenting information in a variety of	Show stimuli about the ancient Olympics	
forms. 5b) exploring a variety of ICT tools	Discuss how it was about showing the gods how strong they were and worshipping the	
	gods.	
	So need to show strong movements.	
	Show slow motion video of discus <u>http://www.youtube.com/watch?v=lz2FMoj9tpo</u>	
	Demonstrate how could do discus, strong slow action going from one level to a higher	

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	level. Let's get into a circle every one try t	hat action together making it n	ice and strong
	(in unison).		
	Let's go round the circle in cannon (everyone doing one after another).		
	Show video of javelin throw in mute <u>http://</u>	/www.youtube.com/watch?v=iVf	Fe33r3OrA
	Discuss and demonstrate movement. Practi	· · · · · · · · · · · · · · · · · · ·	
	children to demonstrate to class and discus	5	
	Bend line so in partners. Demonstrate mirroring of slow motion boxing. Explain no need		
	o touch and all in slow motion. Anyone touching when doing this action will have to sit		
	out.		
	Children to practise mirroring your partner	's movements. Pick good examp	les to show.
	Children to practise these three movement	s in time to the music.	
	Cool down (5mins) 'Traffic Lights' using slo	w movements.	
	Helpers		
	Warm up-		
	Cool down-		
	Week 2		Remember to use
To work in partners to complete	Resources: Chariots of fire music, SB_PE_S	oum1_Olynpics	strong movements to
dance phrases.	High Quality Outcomes Statements:		show the different
			sports.

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To link together travelling moves	Health and Fitness – I rarely miss PE lessons	Think about cannon,
that change direction.	Curriculum – I am able to help others to achieve	unison, mirroring,
To remember and repeat simple skills and actions with increasing control and coordination.	Warm up - Numeracy in Action Children to stand in rows, give them a number 1-10. Call out a number. Children with that number runs to a cone. Once the children are confident call out 'two more than'.	
40-60+ months: Experiment with different ways of moving, Initiate new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences ELG: Move with confidence, imagination and in safety, Move with control and coordination, Show awareness of space, of themselves and of others. ICT: 5b) exploring a variety of ICT tools	 Main: First demonstrate with a partner creating a series of motif using two of the movements explored last week. Recap meaning of cannoning - doing one after each other and unison - doing it together. Together throw a discus (moving from low to high) and then in cannon throw a javelin. Both actions in slow motion in time to the music. In partners, create a series of motifs (small dance sequence) with two of the movements explored as a class (javelin, discus or boxing). Children to practise in time to the music to encourage slow motion movements. Think about cannoning, unison and mirroring. You could have one throw a javelin and then the other person could throw a javelin, freeze and then you could do a dance movement together representing another sport (maybe boxing). Looking for good quality movement. Split the class in half. Look for good spacing, changes of direction and a variety of levels. Encourage positive comments and praise from those watching. Ask them to evaluate the dance so far. Cool down (5mins) 'Traffic Lights' using slow movements. 	

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	Helpers		
	Warm up- Cool down-		
To work as a group to complete dance phrases.	Week 3 Resources: Chariots of Fire music, SB_PE_Sum1_Olynpics	Remember to observe steps carefully.	
To link together travelling moves that change direction.	High Quality Outcomes Statements: Health and Fitness - I challenge myself to build up stamina, flexibility and	Remember to try to copy the actions to the best of your ability.	
To remember and repeat simple skills and actions with increasing control and	strength Curriculum - I know that at the end I need a good result	Remember to work as a team.	
coordination. 40-60+ months: Experiment with	Warm up - Numeracy in Action Children to stand in rows, give them a number 1-10.		
different ways of moving, Initiate new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences	Call out a number. Children with that number runs to a cone. Once the children are confident call out 'two less than'.		
ELG: Move with confidence, imagination and in safety, Move with control and	Main: Chariot racing		
coordination, Show awareness of space, of themselves and of others.	Show children pictures of chariot racing. Watch		
of themselves and of others.	http://www.youtube.com/watch?v=Pwi3xROzpSE 1.50-2.20 to get an idea of chariot		
	racing. The children get into groups of four or five and pretend to be in a chariot. Three		
	children link hands in a semi-circle. This is the chariot. The fourth child is the driver		
	and they stand in front. The children remain in the same spot to act out the race.		
	Encourage them to improvise as a group. The semi-circle could sway side to side.		
	As the music plays, the chariots fall out of the race leaving one to be the winner. Give each group a number and stagger the falling out. They could slowly crash into the ground		

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	 but in a very controlled way. Choose a group to win. Go through dance so far with music - Dance Sequence with partner and Chariot racing. Choose groups to demonstrate to the class. Encourage others to make positive comments when evaluating. Cool down (5mins) Walking gradually slower until walking in slow motion. Spread out finding a space on the carpet and stretch up for a count of ten and then curl up into a ball. Repeat and then stretch up one more time and then flop over so the whole body is relaxed. Helpers Warm up-Cool down- 	
To work as a group to complete dance phrases.	Week 4 Resources: Chariots of Fire music, SB_PE_Sum1_Olynpics	Remember to observe steps carefully.
To link together travelling moves that change direction. To remember and repeat simple skills and actions with increasing control and coordination. 40-60+ months: Experiment with different ways of moving, Initiate new	High Quality Outcomes Statements: Health and Fitness - I keep going and don't give up easily Curriculum - I can use peer and self assessment Warm-up - Numeracy in Action Children to stand in rows, give them a number 1-10.	Remember to try to copy the actions to the best of your ability. Remember to work as a team.
combinations of movement and gesture in order to express and respond to feelings, ideas and experiences ELG: Move with confidence, imagination and in safety, Move with control and	Call out a number. Children with that number runs to a cone. Once the children are confident call out 'two less than'.	

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coordination, Show awareness of space, of themselves and of others. ICT: 3a) how to share their ideas by presenting information in a variety of forms. 5b) exploring a variety of ICT tools	Main: Winning and losing the race. Ask the children to find a space and jog on the spot. As they jog, let them copy you as you lift your arms and cheer. Freeze, turn and jog into another space, but this time cover your head with your arms as if you have lost the race. Encourage the children to think of a finishing position as the music ends. Hopefully everyone has won a prize! Practise these movements to music. Go through the whole dance with the children (Dance Sequence with partner, chariot racing, winning and losing the race). Look for any weak moments and work on them together. Make time to view half the class at a time. Look for good spacing, changes of direction and a variety of levels. Encourage positive comments and praise from those watching. Ask them to evaluate the dance as a whole and suggest improvements to refine the performance.			
	 Cool down (5 mins): Walking gradually slower until walking in slow motion. Spread out finding a space on the carpet and stretch up for a count of ten and then curl up into a ball. Repeat and then stretch up one more time and then flop over so the whole body is relaxed. Helpers Warm up- Cool down- 			

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	Week 5 Carnival Dancing - More details to follow			
	Week 6 Carnival Dancing - More details to follow			

Evaluation:

Successes	Concepts that need to be revised	Notes

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